

THE FACTS OF LICE



letter
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Letter Templates from the school

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Although the general advice is not to send out 'scare' letters about head lice, the message needs to get home to parents about regular checks. Many parents are blasé about head lice unless they think there is an outbreak at the school. As long as they don't hear about head lice, they don't think about them.

There needs to be a balance between not alarming parents unnecessarily, de-stigmatising head lice and raising awareness of the importance of regular checks.

The following templates can be used to create letters to send home to parents/carers:

Template 1: Letter to send home when a case/an outbreak of head lice has been identified

Template 2: Letter to send home to encourage routine checking for head lice



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Template 1

Dear Parent/Guardian,

As you may know, our pupils have recently been learning about head lice in class. It would seem that their new found knowledge is being put to the test, as there have been a few cases of head lice recently identified in school. Of course, it's nothing to be alarmed about, but it is a nuisance, so we'd just like to remind you of the regular three step routine you need to follow for detecting, treating and removing them:

- 1) **Detection:** Once a week, perhaps on a Sunday evening after a bath, use a grey detection comb to hunt for head lice.
If you find a live one...don't panic! It's no big deal.
- 2) **Treatment:** There are many treatment products you can choose from, and you can get them from any pharmacy. The Full Marks Solution range of products will get rid of head lice quickly and effectively – it just takes ten minutes to work. If you need any advice visit your local pharmacy or www.headlice.co.uk
- 3) **Removal:** After you've treated the head lice according to the instructions, apply enough conditioner to thoroughly cover the hair. Brush the hair from root to tip with a removal comb, and use a tissue to wipe the comb after each brush. A removal comb is included in every Full Marks Solution pack.

If you want to find out more about head lice, go to www.headlice.co.uk

Because there has been an outbreak of head lice in school, we suggest that you check your child's head as soon as possible. We also suggest that you continue checking on a weekly basis. This will help to prevent head lice returning repeatedly.

Let's help get rid of head lice in our school together!

Thank you for your cooperation.



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Template 2

Dear Parent/Guardian,

For parents and guardians of all school children

As part of our science lessons on life cycles, we have been learning all about head lice. We've been learning that they are really very common (most of us will get them at some point) and that it doesn't mean we are dirty or don't keep our hair clean.

We've also been talking about the best way to fight head lice – and that's to have a regular routine for detecting, treating and removing them. This will help to prevent head lice returning repeatedly.

To back up what we've been learning in class, we'd like to encourage everyone associated with the school to start their own head lice routine. We've come up with a simple three step routine for everyone to follow:

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